



SANTAVENERE

MARATEA · ITALY

SPA MENU



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*The Spa of the Santavenere hotel
celebrates the beauty of the Lucanian territory,
where the sea and the mountain intertwine in a magical dance,
alternating between gorges, creeks and caves.*

*Natural oils, the salt of the sea and the scents of flowers
will accompany guests on a journey of profound wellbeing.*



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PATH OF WELLBEING

Indulge yourself in the pleasure of an extraordinary journey dedicated to relaxation. In a blend of space and time, you will discover the curing properties of water, between its bright reflections and the soft lights of candles.

The path includes: steam bath, emotional showers, indoor heated bath with whirlpool and a relaxation area with herbal teas. A kit with bathrobe, towel and slippers is included. It is mandatory to wear a swimsuit.

The path lasts for 90 minutes and it is by appointment only.

The path is available to guests of Santavenere, if not included in their stay:

Monday to Thursday - € 35 per person

Friday to Sunday - € 45 per person

For external guests:

Monday to Thursday - € 45 per person

Friday to Sunday - € 55 per person

There is a 10% reduction with the purchase of a massage or treatment which lasts for 50 minutes or more.



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MASSAGES

Choose the duration of your massage and let yourself be guided by the professional experience of the therapists, who will suggest the choice that best suits your needs, thanks to the various options available.

Choose from:

localised massage, 25 minutes, € 65

total body massage, 50 minutes, € 120

total body massage, 80 minutes, € 165

UNWIND

A slow and enveloping technique, with gentle and deep movements using olive oil enriched with lavender oil. Rediscover wellbeing at your own rhythm.

DEFUSE

A deep technique, specifically designed to relieve tension and fatigue, it is perfect for athletes. The use of cups or hot stones is at the discretion of the therapist.



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DEEP DECONTRACTING

An intense technique, based on pressure and energetic touches, which aim to stimulate deep tissues and aching muscles. Ideal for those suffering from muscle tension.

There is a surcharge of € 15 on top of the price indicated. This is not available for the 80-minute massage.

REGENERATE

A dynamic method that combines a stretching technique, in order to regenerate and energise.

TONE

A draining technique combined with deep and toned ones, with an approach called body brushing. It is only used on the legs and buttocks and/or abdomen.

This is not available for the 80-minute massage.



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FACIAL TREATMENTS

BAKEL FOR YOU

Facial treatment targeted to your needs, where the choice of products and active ingredients will be decided by the therapist in order to customise the treatment.

The Bakel anti-age line is suitable for all skin types.

45 minutes for € 165

BAKEL ANTI-AGE FOR THE FACE

A specific technique aimed at a face lifting treatment which goes against the signs of aging. A revitalisation ritual, accompanied by unique and enveloping handwork.

80 minutes for € 220



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BODY TREATMENTS

NOURISHING/DETOX BODY SCRUB

Through the handwork and the use of sea salt, your skin will feel renewed, nourished and hydrated.

Alternatively, with the stimulating action of essential oils, including mint and eucalyptus, you will improve the appearance of the skin, reducing the state of dryness and restoring elasticity. Bakel anti-age line.

45 minutes for € 150

SALT BODY SCRUB

Scrub with salt and olive oil. Slow and pleasant, it gives immediate radiance to the skin.

70 minutes for € 155

BAKEL ANTI-AGE BODY

Lifting effect body treatment. A special initial scrub based on sea salt and oils, combined with an alginate mask for silky smooth skin. Able to give a toning and lifting effect visible on the whole body.

80 minutes for € 220



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ADD ON TREATMENTS

In addition to the treatments, you can choose one of the following experiences lasting 25 minutes for € 45.

BAKEL MINI FACIAL

Mini anti-age facial treatment gives a greater feeling of freshness and revitalisation. Bakel line.

BODY SCRUB

Using the exfoliating power of salt and olive oil, you will feel your body renewed and hydrated.

INFRARED TREATMENT

A session of dry heat that gives an immediate feeling of wellbeing that will reduce muscle pain. Ideal as a preparation for massages.



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BEAUTY: Epilation

Full legs	€ 70
Half legs	€ 40
Full groin	€ 40
Groin Base	€ 30
Arm	€ 30
Armpits	€ 20
Chest/Back	€ 40
Upper lip	€ 10
Eyebrows	€ 15



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PACKAGES 2022

SANTAVENERE RELAX

€ 185 per person

Welcome drink

Unwind massage, 50 minutes

Bakel mini facial, 25 minutes

Infrared chair, 20 minutes

SANTAVENERE BEAUTY

€ 290 per person

Welcome drink

Bakel Facial Treatment, 45 minutes

Nourishing Body Scrub, 45 minutes

SANTAVENERE SPA IN LOVE

€ 310 per couple

Welcome drink

Unwind massage, 80 minutes

For each package you can add the “Path of Wellbeing” at a fixed and reduced price of **€ 35 per person**, if not included in the rate of the room.



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SPA ETIQUETTE

We would like to remind you that in respect of the environment, it is prohibited to smoke or to consume spirits on site.

Before starting any treatment, our staff will ask you to answer some questions about your health.

Please notify us of any allergies, health problems or pregnancy. We do not carry out treatments if you are in the first trimester of your pregnancy.

Reservations

The Spa is open every day, including holidays, from 10:00 am to 08:00 pm.

For reservations, please contact our team who will guide you in choosing the right treatment. We recommend that you book in advance, in order to guarantee your preferred time.

Tel. +39 0973 876910

Interno 315 - 509

E-mail: spa@santavenere.it

We advise you to arrive at the spa at the agreed time, delays may reduce the length of your treatment.



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Cancellations

We kindly ask you to cancel treatments or the "Path of Wellbeing" with at least 24 hours notice. Treatments that are not cancelled 24 hours before the scheduled time or if there is a no-show to the appointment will be charged 100% of the costs.

Children and young people

Access to the gym and spa is allowed for children over 16.

External Guests

External guests are welcome in our spa upon reservation. To guarantee the reservation, a credit card number is required.

Valuables

We advise you not to leave valuables unattended. We are not responsible for their loss.

Products and gift vouchers

You can continue your spa experience at home due to most of the products being available on site. You can offer a unique experience to someone by personalising one of our gift vouchers.

www.santavenere.it
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